

Celebrity Psychic to give seminar on the Use of *Perception* in Everyday life

Mary Pascarella Downey is a world-renowned paranormal investigator, author and psychic sleuth whose work has been showcased on The History Channel, The Learning Channel, and The Biography Channel as well as profiled as a “Psychic Detective.” She served as the host of “The Rare and the Unusual” radio program on WICC in Bridgeport, CT, producing over 200 shows for the network. Mary refers to herself as a Timewalker rather than a “Psychic” and has been instrumental in helping to solve crimes and also to investigate archeological sites and original history of old houses and buildings. Her unique outlook allows her to visit history in layers of reflection of the past using historical timelines and to view the world as it was at any given time. In the 1970’s, Mary also became involved in the murder case of Penney Serra, a cold case file for police which had remained unsolved for over 25 years. The case would later be profiled on Court TV featuring Mary as the Psychic Detective. In 1976, Mary was one of the original investigators, along with the Warrens, to investigate the Amityville Horror House.

Mary is offering a course on the technique of meditation, relaxation and how these techniques can be used to increase ones understanding of the world. Mary will further explain and teach how to tap into “frozen time.” Her explanation of this is that time is a library that provides names and dates as well as physical descriptions of conditions and events from time backward. Also, Mary will delve into Phenomena, which she defines as a series of events that have logical explanations when people are closely bonded by love and caring exists between them. Because of this bond, each person has a constant awareness of those loved ones and of their selves. This opens the door to precognition, recall, and high levels of awareness, and it closes the door to the preconception of the misnomer called *Psychic*. Mary will also share with us her investigation of the Amityville Horror house and her incredible experience which is quite different from what we’ve seen in the movies and read in books.

This seminar will take place over the course of two days; with morning and afternoon sessions. The sessions will be broken down as follows:

- The first session consists of a full learning of physical meditation and relaxation, and taking it a step further to mental relaxation. The morning sessions of relaxation are to teach you to be comfortable and how to sustain it on an individual level. After, we will have a full discussion on and explanations of aura, psychometry, precognition, telepathy, clairance, clairaudience, clairvoyance, and ectoplasmatic manifestations;
- The second session teaches the use of awareness with the discussion of frozen time and how this represents and affects the ability to increase perception and to incorporate it into everyday life;
- The third session centers on ghostly haunting, negative and positive energies, and the incorporation of elements discussed during the seminar. Mary will also discuss the Amityville Horror House and the Lutz family, whom Mary knew personally; and
- Each session will be followed with a question and answer period to clarify on anything not understood during the lecture.

The workshop will begin Friday evening, August 14th and run through Sunday, August 16th. The location will be in the Fort Lauderdale, FL area and will be announced shortly after August 1st. The cost for this incredible workshop is \$200. A deposit of \$100 must be paid prior to July 20th. The balance must be paid before the workshop begins.

As a gift to her students, Mary is allowing her students to bring a tape recorder and record the weekend. She says to have at least 3 hours of space on the tapes. Also, for those that are interested, we will have the entire weekend recorded and will be made available for purchase for \$50.

Please bring a pillow and a blanket and dress very casual and comfortable in loose and light clothing.

To register, visit: www.iwalktime.com

For any additional information, please contact: Melissa Cancio at 305-216-0992 or via email at MelissaCancio@hotmail.com

*******Please See Attached Seminar Schedule*******

August Seminar Schedule

Friday, August 14th

7:00 – 9:00 p.m. Meet and greet. Mary will be sharing what to expect from the seminar and how to get the most benefit out of the weekend.

Saturday, August 15th

10:00 a.m. Full meditation and relaxation. She will teach you how to relax and meditate yourself and ways to use your new tools to benefit you for the duration of your life;

11:00 a.m. Introduction to psychic and discussion of precognition, recall, and awareness;

12:00 p.m. Question and answer session based on what has been discussed, thus far;

1:00 – 3:00 p.m. Lunch (you may bring your own lunch and eat at the location);

3:00 – 5:00 p.m. How to use meditation on a normal level and a discussion of frozen time with explanation of what it represents, how it affects the ability to increase perception, and how frozen time can be incorporated into everyday life; and

5:00 – 7:00 p.m. Question and answer session based on what has been discussed, thus far.

Sunday, August 16th

10:00 - 12:00 p.m. Full relaxation and meditation WITHOUT pillows and blankets. Discussion regarding terms that are applicable to the paranormal: its use on an everyday, ordinary level; Terms such as Logic, Reasons, Common Sense and Awareness. In addition, Psychometry, Precognition, Telepathy, Clairvoyance, Claressesences, Clairaudience and Ectoplasmatic Manifestation;

12:00 – 1:00 p.m. Question and answer session based on what has been discussed, thus far;

1:00 – 3:00 p.m. Lunch;

3:00 – 5:00 p.m. Ghostly haunting, negative and positive energies, frozen in time, elements discussed earlier in the morning; and

5:00 – 7:00 p.m. Open forum based on all topics discussed during entire weekend workshop.